

Communique

News From the Den

March 2021

Dear Members,

As some of you may have already heard, CLSA will postpone the start of spring programming due to the delay of Alberta's COVID reopening plan.

Although it is not what we hoped for, and we are sad to deliver the news as we know many of our members have been looking forward to spring classes and circles, the return to a more familiar routine is not far off! We are hopeful that the rollout of vaccines will put us all in a safer and healthier position to offer classes for the second term of the Spring season in June.

A revised program guide reflecting revisions for Spring Terms 2 & 3 will be available on our website soon and we will send you a notice via email at that time. Members who do not have an email will receive their catalogues through Canada Post.

Spring program registrations and memberships will be available online and in-person on **May 17**. Staff will be in the office for in-person registration **May 17 to May 28**; Mon–Wed, 10–2 p.m.

Please note, the facility remains closed to the public until further notice. Our staff continue to work remotely but are available if you have any questions. Contact us at info@centralLions.org or leave a message on our main line at 780–496–7369. For the most up-to-date information, please keep an eye out for upcoming emails, newsletters or visit our website at CentralLions.org.

We acknowledge this is a bit frustrating and are grateful that you continue to support the Association by remaining flexible and understanding during this time of uncertainty and change.

Brighter days are coming,

Your CLSA Admin Team

A Reminder for Town Hall and AGM in May

A reminder to mark your calendars for CLSA's AGM and Town Hall, both happening in May. Closer to the date, we will advise whether the meeting will be conducted in person or virtually and will ask you to notify us of your intent to attend.

Town Hall – May 10 1–3 p.m.

Come meet the Board at this year's first Town Hall meeting on May 10th. Bring your questions and concerns for discussion with Board members and administration staff.

Annual General Meeting - May 20 1-3 p.m.

The AGM will be held to review the Society's previous year's finances and activities. To address succession planning, Board positions will need to be filled. Members attending the AGM will hear from Board candidates and vote on new and current directors running for a second two-year term.

Free Tax Clinic for low-income Members



If you have a modest income and a simple tax situation, our volunteers can do your tax return for you!

Where: Central Lions Recreation Centre

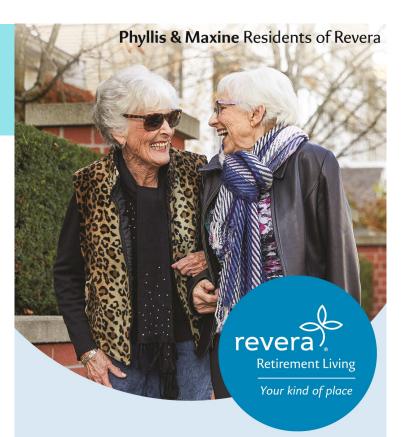
When: April 14 & 15

By appointment only: 780-496-7369 or taxclinic@centrallions.org

CLSA is pleased to work with Chartered Accountants of Alberta this year to provide free income tax service to our low-income members: Income earnings categories: One person - under \$35,000 or a couple - \$45,000. Appointments are 30 mins long.

Call us if you have any questions, and call our volunteers no later than **April 9**th to confirm your qualifications, required documents, and to set up an appointment date and time.

Note: Tax returns are completed online. Participants will be contacted once a copy of their return is ready for pick up.



Retirement Living in Edmonton

Our Parents' Home Retirement
Residence offers stylish, high-rise
living in downtown Edmonton. This
retirement home features modern and
spacious suites, premium dining, health
and wellness programs and a vibrant
community. Our Parents' Home offers
the best in retirement living.

Call us today to learn more.

Our Parents' Home 10112 119 St NW, Edmonton 780-732-0412 reveraliving.com

CLSA has a brand new bus stop! ETS Bus Route 111

Starting **April 25th**, there will be a new bus stop (#11096) right at the south entrance of CLSA. The stop is part of bus route 111 that goes from Riverdale to McQueen, with several stops along 111 Ave. The bus also stops at the Kingsway/Royal Alex and Westmount transit centres. See a map of the bus route on the next page.

Routes 3 & 111 will be of interest to CLSA Members taking transit to the CLSA site.

Route brochures are provided in the links below (Click on the route to see the map. Brochures of routes 3 and 111 will be available in print at CLSA in mid-April).

New Community Route 111 – will go to CLSA parking area

New Frequent Route 3 – stops along 111 Ave

Spring Info Session - ETS New Bus Network and On Demand

On Demand Transit and the New ETS Bus Network - SGI-028

When: Wednesday, June 2, 1:30 -3:00 p.m.

Fee: \$2 for members and non-members (Tickets for talks must be purchased in advance to allow for set up to accommodate physical distancing policies. Please use barcode SGI-028)

Presenter: Vicki Gudelj – Accessible Transit Coordinator, City of Edmonton

Come learn about the new routes and how they may affect your transportation needs. The new bus network is an important step in modernizing Edmonton's transit system for our growing city. This session will provide an overview of transit changes that launched on April 25 the new bus network with new bus routes citywide and the On Demand Transit service that is available for 37 communities and 16 seniors residences. Find out more about these changes and the transit information and trip planning options and resources available to help you make the best use of the new routes and services.

There is guite a bit of information online about the new bus network changes. The guides noted in the links below will also be available in print at CLSA in early-mid April. Check out these webpages and resources to find out more about upcoming changes:

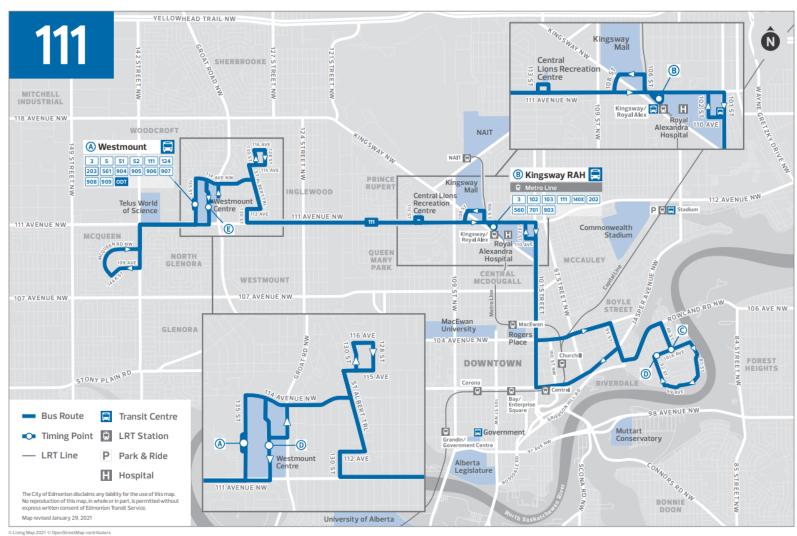
New Bus Network - edmonton.ca/NewBusRoutes Also, check out the New Bus Network Customer Guide On Demand Transit - edmonton.ca/OnDemandTransit

Also, check out the On Demand Customer Guide

ETS web page - edmonton.ca/transit

See a Map of **Bus Route 111** on the next page!





Membership Types and Benefits

New 2021 **55+ memberships** will be available for purchase on **May 17th** for a pro-rated annual fee of \$25, **Under 55 memberships** will be available at a pro-rated fee \$50, and **Community Memberships** (Reciprocal Memberships) will remain \$5.

55+ Membership

Purchase: Online, In-person Eligibility: 55+ Years

Price: Pro-rated annual fee of \$25 Available for Purchase Date: May 17, 2021

Valid Dates: January 1 – December 31, 2021

Description:

Full voting privileges at Annual General Meeting

Member rates on CLSA programs and activities

Reciprocal member rates at participating seniors centres

Under 55 Membership

Purchase: Online, In-person Eligibility: 35–54 Years

Price: Pro-rated annual fee of \$50 Available for Purchase Date: May 17, 2021

Valid Dates: January 1 – December 31, 2021

Description:

No voting privileges at Annual General Meeting
Member rates on CLSA programs and activities

Restricted access to sports clubs

Community Membership

Purchase: In-person only

Eligibility: Reciprocal Seniors Centres, Queen Anne & Rupert Community League Partners, Minds

in Motion Care Partners **Price:** \$5

Available for Purchase Date: May 17, 2021 Valid Dates: January 1 – December 31, 2021

Description:

No voting privileges at Annual General Meeting

Member rates on CLSA programs and activities

Access to drop-in activities & non-sports clubs

Restricted access to sports clubs

Gold/Lifetime Membership

Purchase: In-person only
Price: \$0.00

Eligibility: 85+ Years
Available: May 17, 2021

Valid Dates: January 1 – December 31, 2021

Description:

Full voting privileges at Annual General Meeting

Member rates on CLSA programs and activities

Reciprocal member rates at participating seniors centres

Public Service Announcement: COVID Vaccines Available for Seniors

Seniors born 1956 or before, and First Nations, Metis and Inuit people 50 years of age and older (born in 1971 or earlier), are now eligible to book appointments for COVID-19 vaccinations through AHS and participating pharmacies. We strongly encourage members to book immunization appointments to protect yourself, fellow members, and the larger Edmonton community.

Book your appointment through the link below:

Alberta Heath Services — Book your appointment now!

Read the latest updates on COVID-19 via the links below:

Alberta Health Services — COVID-19 Vaccine FAQ Page

Alberta.ca – COVID-19 Information for Albertans

Calling All Volunteers! Volunteering Opportunities in June

When we reopen our doors in June we will be in need of volunteers who are committed to helping through the spring and summer seasons. If you are interested in helping out, please send an email to Francine@CentralLions.org with your name, phone number, and schedule availability. CLSA will be sending out a short form via email in May to gather the names and availability of volunteers who would prefer to sign up during that time.

COVID restrictions will likely be in place in June, and volunteer roles will include helping with safety screening procedures, attendance tracking, and administrative support. Volunteers will be trained on COVID-safety procedures at CLSA prior to their shifts. If you have a little extra time and want to support CLSA, we'd welcome your time and effort. We need volunteers in the following positions:

Ambassador - Greet and screen members; take temperatures and distribute masks; ensure everyone practices personal hygiene; act as host for instructors and general interest presentations.

Fitness Centre Reception - Assist with greeting, screening, tracking and administrative activities in the Fitness Centre.

All volunteers with at least 25 hours of support are our guests at the annual Volunteer Appreciation Event. Due to COVID, we do not have a date set for this important event, but that doesn't mean we've forgotten you! We'll plan a wonderful event for as soon as we're allowed to gather again. Thanks for your dedication to CLSA — your help is greatly appreciated!

Presenting exercise, art, music, and educational classes that enrich mind, body and spirit to enhance longevity and quality of life.

Website: www.CentralLions.org Facebook: @CentralLionsSeniors

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780-496-7369