



CLSA raises funds to relieve conditions associated with aging, such as social isolation and loneliness, and to improve the physical or mental well-being of seniors.



**FRIDAY DECEMBER 13** 

BINGO - 1 PM - 2 PM **SOCIALIZING 2 PM - 2:30 PM** 

In the Atrium

#### Space is limited

Pre-register today to hold your spot:

- In Person at the CLSA front desk
- By Phone 780-496-7369

Bring a friend or a loved one.

All are welcome!



**COME CELEBRATE** JANICE'S, OUR **EXECUTIVE DIRECTOR.** RETIREMENT!



#### Thursday December, 12 1-3 PM

- Indulgent Desserts!
- Gourmet Hot Chocolate Bar!
- Door Prizes!
- Festive Entertainment!
- Meet & greet tables for guests attending solo

#### **Get Your Tickets Today!**

- Call 780-496-7369
- OR in person at our front desk

11113 113 Street, Edmonton AB





# Young @ Heart

## Christmas Concert

Monday, December 9 @ 1 pm In the Atrium

Come enjoy the sounds of the

Thank you to our Sponsor for this event!

season!

(m) Home Instead

They will be bringing in small Christmas gifts for the first 50 people in attendance!





**FRIDAY NOVEMBER 22** In the Atrium 1 PM - 2 PM

Space is limited

Pre-register today to hold your spot:

- In Person at the CLSA front desk
- By Phone 780-496-7369

REGISTER TODAY AND BE ENTERED INTO THE DRAW TO WIN A COZY BLANKET AND A \$10 GIFT **CARD TO TIM HORTONS!!** \*You must be present at BINGO to be eligible to win the tickets\*

Bring a friend or a loved one.

All are welcome!

www.centrallions.org 780-496-7369 11113 113 St NW Edmonton





# PLANT

### FUNDRAISER!

From vibrant poinsettias to festive evergreens, discover the perfect touch to brighten up your holiday season!

30% of every plant purchased blossoms into support for CLSA!

Order online by scanning the QR code or by filling out the form and bringing it to the front desk!

Deadline to order is Thursday Nov 21!



centrallions.growingsmilesfundraising.com

CLSA raises funds to relieve conditions associated with aging such as social isolation and loneliness, and improved physical or mental well-being.





11113 113 St NW Edmonton



# SAVOUR FESTIVE AVOUR51

Mundare Sausage & Ela Euro Pierogi

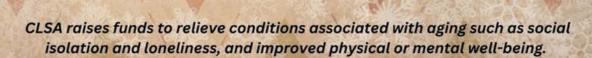
Fundraiser!

Pick up order forms at our front desk, fill it out and then return it to the front desk to pay for your order!

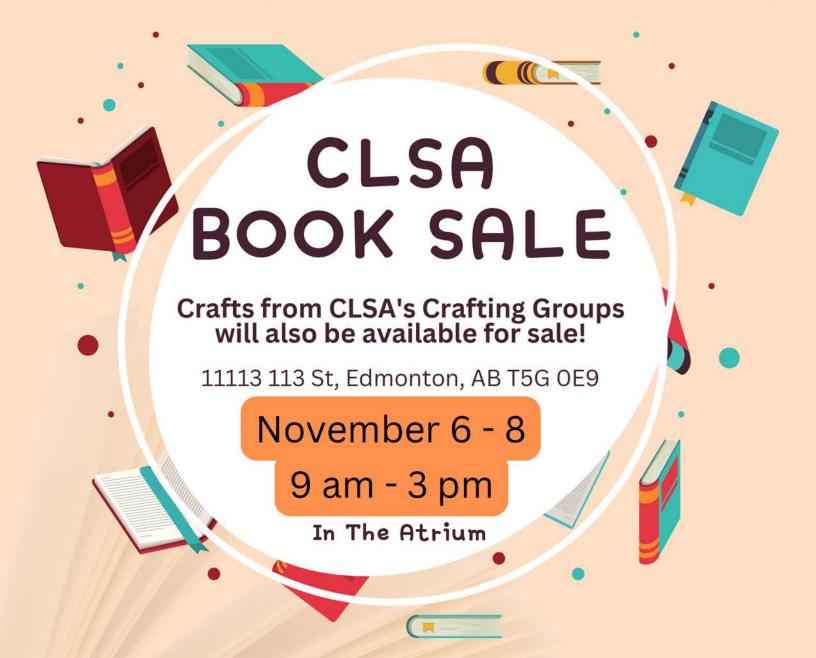
> **CLSA** makes approximately \$2.50 on every product ordered. Our goal is to raise \$1000.

Deadline to order is Thurs November 14! Pick up will be between Dec 5 & Dec 6

Every sausage and pierogi purchased sizzles into growth opportunities and program funding for CLSA.



Paperback \$1 Hardcover \$2 CDs \$1 DVDs \$2



Spread Joy To A Fellow Book Lover!

We are accepting donated books, CDs, and DVDs!

Fill a bag for only \$10!

\*15 books maximum per bag\*

#### For More Information

See the front desk or call 780-496-7369 www.centrallions.org



# Remembrance Day Ceremony

Tuesday, November 5
10 AM in the Atrium







# THE STATE OF THE S



Bring your friends and family! All are welcome!

Thursday
October 37
1 - 3 pm

Pre-register today to let us know you're coming!

- In Person at the CLSA front desk
- By Phone 780-496-7369

Lots of Fun Games to Play and Amazing Prizes to Win!

- Spin the Spider
- Pumpkin Toss
- Guess the Ghoulish Gummies
- Potion Pick-up













# S Get Sinated!

Flu and Covid Booster Vaccination Clinic

\*When you sign up let us know if want one or the other of both



**Thursday, October 24** 10 AM - 3 PM

**SIGN UP TODAY!** Call today 780-496-7369 Or visit the front desk

11113 113 St, Edmonton

CLSA raises funds to relieve conditions associated with aging such as social isolation and loneliness, and improved physical or mental well-being.



Bring in your cans and bottles for our bottle drive and help celebrate CLSA staff member Tony's graduation from level 1 puppy school!





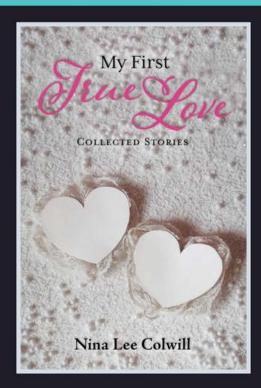
**Tuesday October 15** 





### BOOK LAUNCH

Tuesday September 24
2 - 4 PM
In the Atrium



My First True Love: Collected Stories

Come listen to local authors read stories about their first true loves



Free Coffee & Treats Provided!



FRIDAY SEPTEMBER 20 1 PM - 2 PM In the Atrium

Space is limited

Pre-register today to hold your spot:

- In Person at the CLSA front desk
- By Phone 780-496-7369

Bring a friend or a loved one.

All are welcome!

REGISTER TODAY AND BE
ENTERED INTO THE DRAW TO WIN
A \$50 GIFT CERTIFICATE FROM
HEART TO HOME MEALS!
\*You must be present at BINGO to be eligible to win the tickets\*



Seniors Association

#### Come See What We Are All About!















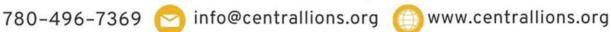
















Harvey's is on a mission to "Keep Canada a Beautiful Thing"
by offering their flame-grilled Canadian Angus or
Veggie burger topped the way you like it for free!

Guests will get the chance to make Canada more beautiful by donating to Tree Canada. 100% of the proceeds go to planting trees.

Friday July 26th

11:30 am to 2:30 pm

In the South Parking Lot

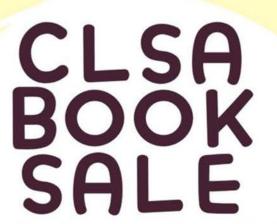
11113 113 St NW

Bring your cans & bottles for our bottle drive!





Paperback \$1 Hardcover \$2 CDs \$1 DVDs \$2



11113 113 St, Edmonton, AB T5G 0E9

June 19 - 21

9 am - 3 pm

In The Atrium

Fill a bag with Books, DVDs, and/or CDs for only \$10!

\*15 items maximum per bag\*

#### For More Information

- Call 780-496-7369
- Visit www.centrallions.org
- Follow us on Social Media







Coffee and treats sponsored by:



## Father's Day

#### **Coffee Social**

FREE FOR MEMBERS
AND THEIR FAMILIES!

FRIDAY JUNE 14 @ 2 – 4 PM
IN THE ATRIUM



ENTERTAINMENT BY:
JORDAN SABO PINWHEEL CIRCUS!

#### RESERVE YOUR SPOT

PLEASE REGISTER IN ADVANCE
BY CALLING 780-496-7369
OR EMAILING INFO@CENTRALLIONS.ORG



TUESDAY JUNE 11
1 PM - 2 PM In the Atrium

Space is limited

Pre-register today to hold your spot:

In Person at the CLSA front desk

By Phone 780-496-7369

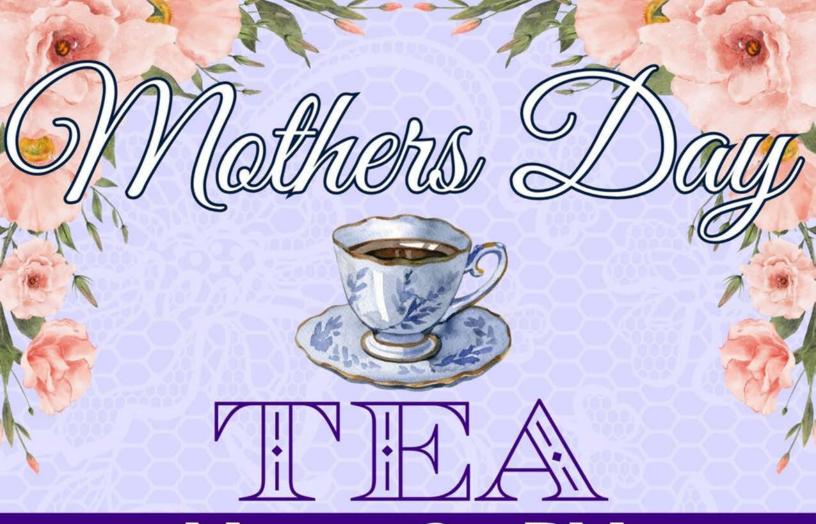
Bring a friend or a loved one.

All are welcome!

REGISTER TODAY AND BE
ENTERED INTO THE DRAW TO WIN
1 OF 3 PAIRS OF MUTTART
CONSERVATORY TICKETS!
\*You must be present at BINGO to be
eligible to win the tickets\*







#### May 10 @ 2 PM In the Atrium

FREE FOR MEMBERS
AND THEIR FAMILIES!

#### SPACE IS LIMITED!

REGISTER TODAY TO HOLD YOUR SPOT:

- IN PERSON AT THE CLSA FRONT DESK
- BY PHONE 780-496-7369

ENTERTAINMENT BY NORMAN JUNIOR RICE MARITIME FOLK MUSIC









#### Music Monday! Monday May 6, 2024 @ 5:30 PM

Held At Central Lions 11113 113 St



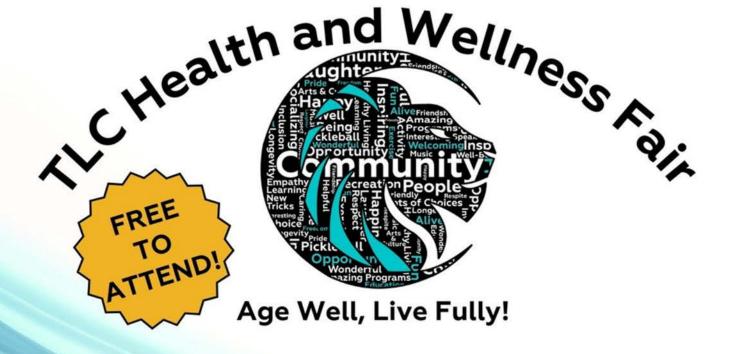
Through this intergenerational concert, CLSA and Victoria School of the Arts aim to inspire, educate, and empower young musicians while fostering a love for music within the community.

# Only \$5 Buy Your Tickets Today!

- 780-496-7369
- In Person at the CLSA front desk
- Tickets available at the door (space permitting)

CentralLions.org | 780-496-7369 | 11113 113 Street NW

Concession Stand & Silent Auction Items!



May 3, 2024

# Choose From 3 Panels and 12 Workshops to Attend! Topics Include:

- Housing
   Wellness
- Health
   Arts & Culture

#### **Register Today!**

- CentralLions.org
- 780-496-7369
- In Person
- · Email info@centrallions.org
- ★Tradeshow Featuring Local Vendors
- ★ Coffee Breaks Provided
- ★ Goodie Bags and Prizes
- Perogy lunch! You can either pre-order for \$12 leading up to the event or buy it on the day.

CentralLions.org | 780-496-7369 | 11113 113 Street NW



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- By Phone 780-496-7369

Bring a friend or a loved one.

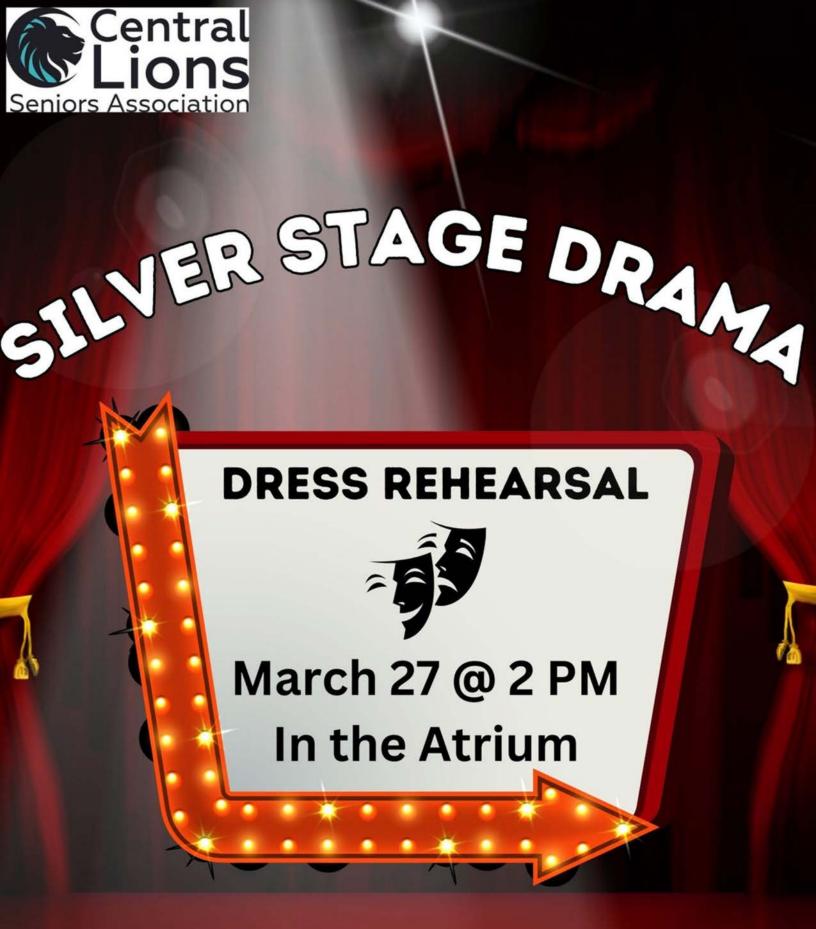
All are welcome!

REGISTER TODAY AND BE
ENTERED INTO THE DRAW TO WIN

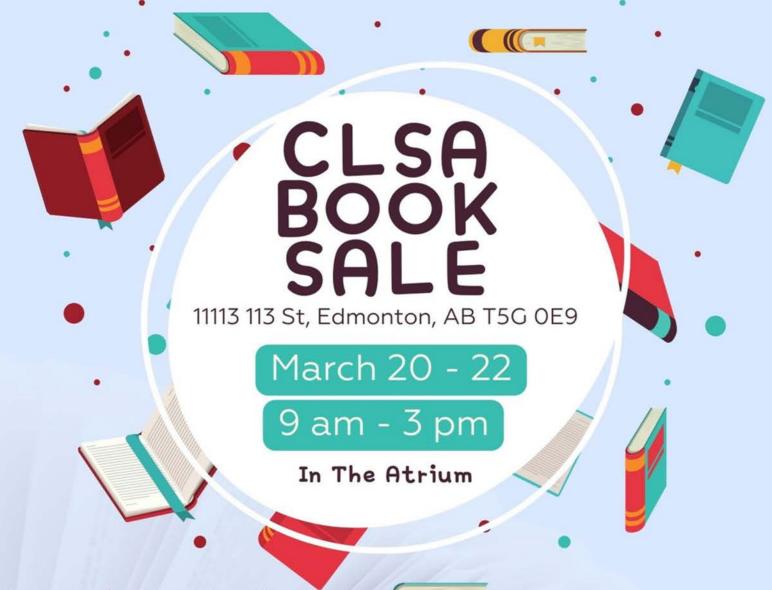
1 OF 2 ARTIST PACKAGES!
You must be present at BINGO to be
eligible to win the tickets\*







Paperback \$1 Hardcover \$2 CDs \$1 DVDs \$2



Spread Joy To A Fellow Book Lover!

We are accepting donated books, CDs, and DVDs until March 15!

Fill a bag with books for only \$10!

\*15 books maximum per bag\*

#### For More Information

See the front desk or call 780-496-7369 www.centrallions.org





# AGM

Annual General Meeting

In Room 8 Mar 21, 2024 1 pm-2 pm

The Annual General Meeting is held to review CLSA's previous year's finances and activities and new board member election.

#### Pre-registration would be appreciated\*

- Online at www.centrallions.org
- Calling (780) 496-7369
- Visiting the Front Desk

<sup>\*</sup>A minimum of 25 attendees are required for quorum



Space is limited

Pre-register today to hold your spot:

- In Person at the CLSA front desk
- By Phone 780-496-7369

Bring a friend or a loved one.

All are welcome!

REGISTER TODAY AND BE ENTERED INTO THE DRAW TO WIN 1 OF 3 PAIRS OF TICKETS TO THE SOUND OF MUSIC AT THE CITADEL!

\*You must be present at BINGO to be eligible to win the tickets\*

**Donated by:** 









Raising awareness about the prevention of bullying and promoting kindness and inclusion.

"Be a buddy, not a bully"





# BLACK HISTORY MONTH INFORMATION SESSION

FEBRUARY 26, 1 - 2PM

IN THE ATRIUM

COME LEARN ABOUT THE BACKGROUND AND IMPORTANCE OF BLACK HISTORY MONTH



FEBRUARY 14, 2024 1 PM - 2 PM In the Atrium

Space is limited
Pre-register today to hold
your spot:

- In Person at the CLSA front desk
- By Phone 780–496–7369

Bring a friend or a loved one.

All are welcome!

Register today and be entered into the draw to win an Oilers Jersey!

\*You must be present at BINGO to be eligible to win the jersey\*

Donated by:





